



Shaheed Benazir Bhutto University, Shaheed Benazirabad
Knowledge - Commitment – Leadership

No. SBBU/Reg/Admn/ SSI
Dated: 13.03.2020

NOTIFICATION

It is circulated for the information of all employees and students of Shaheed Benazir Bhutto University, Shaheed Benazirabad and its campuses of Sanghar and Naushehro Feroze that following preventive measures are suggested in view of outbreak of Corona Virus disease (COVID-19) to be observed.

01. Avoid handshakes, embracing as the virus is thought to spread mainly from person to person.
02. Cover your face while coughing or sneezing.
03. Wash hands thoroughly with soap preferably with liquid soap at frequent intervals throughout the day.
04. Avoid touching your eyes, nose and other parts of your face with hands if you have not wash them already.
05. In case of having symptoms of Cold and Flue, avoid going out, instead stay home and contact medical service provider.

This notification is being issued with the approval of the Vice Chancellor in the best interest of the University employees and students.

REGISTRAR
SBBA, SBA

CC to:

01. The Secretary to the Vice Chancellor, SBBU, SBA.
02. All Concerned

Coronavirus disease (COVID-19) ⋮

Also called: 2019-nCov, 2019 Novel Coronavirus

EW SYMPTOMS **PREVENTION** TREATMENTS

There is currently no vaccine to prevent coronavirus disease (COVID-19).

You can reduce your risk of infection if you:

- Clean hands frequently with alcohol-based hand rub or soap and water
- Cover nose and mouth when coughing and sneezing with tissue or flexed elbow
- Avoid close contact (1 metre or 3 feet) with anyone with cold or flu-like symptoms



[Learn more on who.int](#)

Consult a doctor for medical advice

Source: [World Health Organization](#) [Learn more](#)

Coronavirus disease (COVID-19) ⋮

Also called: 2019-nCov, 2019 Novel Coronavirus

OVERVIEW **SYMPTOMS** PREVENTION TREATMENTS

Coronavirus disease (COVID-19) is characterized by mild symptoms including a runny nose, sore throat, cough, and fever. Illness can be more severe for some people and can lead to pneumonia or breathing difficulties.

More rarely, the disease can be fatal. Older people, and people with other medical conditions (such as asthma, diabetes, or heart disease), may be more vulnerable to becoming severely ill.